



Guidelines for off-site shaving

Thank you for choosing to support Hair Massacure®.

For various reasons, schools and other businesses have opted for planning their own shaving events over the last few years. Please note; all events must be registered with Hair Massacure®. Visit our website for details.

We encourage all participants to experience the “Buzz” at the Mall. There is such a sense of being part of something bigger when you participate in the mass head shave that just doesn’t exist on a smaller scale. The media, entertainment, celebrities, and the sheer energy created by such a large group of people with one single purpose simply cannot be duplicated and we invite you to make every effort to join us.

If you are planning a “shaving” event, Hair Massacure® assumes no responsibility for risk or injury.

It is up to the individual organization to arrange all details as Hair Massacure® cannot get involved in the planning process for liability reasons. We do, however, have some suggestions to help make your event go smoothly, and safely. Please read the following:

General information:

- Most schools do shavings after school and enlist willing parents or local stylists to volunteer to help.
- We recommend that hairdressers be involved, as they can guide the process and can help if problems arise with difficult hair. Many local salons or stylists (by acquaintance) are happy to support in-school shaves.
- A great photo opportunity exists when you have a lot of hair on the floor. It really shows how much has been sacrificed to the cause.

The following items are must-have's:

- Plastic to cover the floors in the area – especially if it is carpeted
- Chairs for participants to sit in
- Garbage bags (cut for the head to fit through) as capes
- Large zip lock bags, recipe cards, small elastics (for hair donation)
- Well-maintained clippers with guards, oil, and cleaning solution
- Good quality hair-cutting scissors
- Large brushes for getting the little hairs off the back of the neck (similar to makeup brushes)
- A broom or two – hair can travel, and it tends to get everywhere

Hair Donation:

- Hair must be at least 10" to donate.
- Hair must not be pink – it should be natural and untreated.
- Determine if the donor wishes to keep a short cut after the donation or if it is to be shaved. This will determine how close to the head you put the elastics.
- Begin by sectioning the hair, with elastics at the top and bottom. Please note: no braids.
- Cut the hair and place it in a Ziploc bag, along with contact information of the donor (written on recipe cards).
- The hair can now be styled or shaved.
- Hair donations are to be sent to Alfred's Hair (alfredshair.com). Please indicate that the hair was donated in association with Hair Massacure®.

Shaving tips

- If hair is long and is not being donated, start by cutting it close to the head (within 2-3 inches). Please make sure you are using good quality scissors and not dull ones as these will pull the hair. Gather small sections of hair, gently pulling back and allowing the clippers to take a bit at a time. Use guards of decreasing length to get to the desired result. Shaving with a short guard on long hair tends to pull hair and is very uncomfortable for the participant.
- Begin at the nape of the neck and run the clippers in rows up over the scalp to the front.
- Always shave against the grain of hair growth.
- Be extra cautious around the ears.
- Check (often) clippers for heat. Hot clippers will burn the scalp.
- Check (often) clippers are not tugging the hair. Ensure the participant feels comfortable.
- When you think you're done, run your hand all over their head. You should be able to feel any spots you've missed. Check around the ears, forehead and nape of the neck for tiny bits of hair.
- Please DO NOT use razor blades on scalps. This is referred to as "bicking" and is discouraged due to scalp irritation and bleeding.
- **Remember it's what happens in the chair that offers that memorable experience. Stylist should take interest in the participant by asking questions, showing support through positive comments and hive-fives!**

Hair Massacure® cannot provide any off-site treats (such as Dairy Queen Dilly bars), media or entertainment – these are available only at the official Hair Massacure® event. We do provide toques, and incentives (such as Kali Bears and baseball hats) as they are earned by participants. Pick-up or delivery of these items must be arranged in advance with the Project Coordinator.

It's messy but a lot of fun when done in a safe manner. We'd love to have pictures of your event! Please send them to us. We wish you much success, and thank you again for supporting Hair Massacure®.